

Menu 1

Day	Big Breakfast/Snack	Lunch	Snack
Monday	Choice of: Toast and spread Weetabix, Cornflakes & Rice krispies Fresh Fruit Milk to drink	Tuna pasta bake, Vegetables (Italian) (Hannah's choice) Ice cream & raisins Water and/or milk to drink	Homemade Pancakes and fruits (Elizabeth's Choice) Milk to drink
Tuesday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Chicken curry and Rice, Vegetables (India) Angel delight Water and/or milk to drink	Rice cakes spread and Fresh vegetables Milk to drink
Wednesday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Lentil soup and sandwiches (Int) Rice pudding Water and/or milk to drink	Fruits loaf Mixed Fresh fruits Salad Milk to drink
Thursday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Spaghetti Bolognese, Vegetables (Italian) (Alex's choice) Sponge & Fruits custard Water and/or milk to drink	Vegetables sticks and oatcakes and pate Milk to drink
Friday	Choice of: Toasted Crumpets Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Broccoli Soup Sausage + Mashed Potatoes and beans (British) Water and/or milk to drink	Cheese and Biscuits Fruits Milk to drink

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Menu 2

Day	Big Breakfast/Snack	Lunch	Snack
Monday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Carrot Soup Meats Pizza Fromage Frais Water and/or milk to drink	Cheesy biscuits Choice of Fresh fruits (Emily and Oscar's suggestion) Milk to drink
Tuesday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Fish with white sauce with Rice and vegetables (Int) (parents suggestion) Fruit salad Water and/or milk to drink	Muffins Fresh Fruits/Vegetables Milk to drink
Wednesday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Mince and Tatties (Scottish) (Cara) Jelly & Grapes Water and/or milk to drink	Vegetable sticks and breadsticks and dip Fresh Fruits/Vegetables Milk to drink
Thursday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Tomato soup and sandwiches kara's choice Water and/or milk to drink	Mozzarella, garlic & tomato bread Fresh Fruits/Vegetables Milk to drink
Friday	Choice of: Porridge Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Chicken Pasta with Tomatoes Sauce (Italian) Judith's choice Semolina Water and/or milk to drink	Oatcakes and pate with fruits/vegetables Milk to drink

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Menu 3

Day	Big Breakfast/Snack	Lunch	Snack
Monday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Ham Carbonara and Vegetables (Italian) Fruit Salad Water and or/Milk to drink	Fruit Scones with spread and oranges * Milk to drink
Tuesday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Carrots Soup Roast Chicken and Potatoes Jelly and fruits Water and or/Milk to drink	Cheese cubes, apple and rice cakes Milk to drink
Wednesday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Fish Kedgerree with rice with Vegetables (India) Ice cream & Fruit Water and or/Milk to drink	Cinnamon Muffins & Grapes * (Millie's Choice) Milk to drink
Thursday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Lentil soup/Bread Pineapple upside down Water and or/Milk to drink	Crackers with pate veg sticks Milk to drink
Friday	Choice of: Toasted Crumpets Weetabix, Cornflakes & Rice Crispies	Beef Noodles and Vegetables (Chinese)	Bread sticks and fresh fruits

	Fresh Fruit Milk to drink	Fromage Frais and Fresh Fruit Water and or/Milk to drink	Milk to drink
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Menu 4

Day	Big Breakfast/Snack	Lunch	Snack
Monday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Lentil Soup and Bread Fruit Crumbles & custard Water and/or milk to drink	Digestive and Cream spread Fresh Fruits/Vegetables Milk to drink
Tuesday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Chicken + Potatoes Salads William's choice Semolina Water and/or milk to drink	Fruit Bread * Fresh fruit/vegetables
Wednesday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Peas soup Spaghetti Bolognese Fromage Frais Water and/or milk to drink	Cheese scones (Millie's choice) Fruits/vegetables Milk to drink Milk to drink
Thursday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Fish Cakes with beans (Thai) Rice pudding Water and/or milk to drink	Vegetable sticks and breadsticks Fresh fruits/Vegetables Milk to drink
Friday	Choice of: Porridge		Puffy Biscuits and pate

	Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Nasi Goreng with Pork and vegetables Fruit Salad Water and/or milk to drink	With Fruits/vegetables Milk to drink
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Menu 5

Day	Big Breakfast/Snack	Lunch	Snack
Monday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Shepherd Pie and Peas custard / Fresh fruit Water and/or milk to drink	pancakes Fruits/vegetables Milk to drink
Tuesday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Tomatoes soup and Egg Sandwiches Eve's pudding & Milk Water and/or milk to drink	Cheese cubes ,pineapple, crackers Fresh Fruits/Vegetables Milk to drink
Wednesday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Macaroni cheese,Vegetables Isla's choice Ice cream with raisins Water and/or milk to drink	Muffins* Fresh fruits/Vegetables Milk to drink

Thursday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Sweet and Sour Sausages and Potatoes Yoghurt and fruit Water and/or milk to drink	Wraps with ham or cheese & cucumber Milk to drink
Friday	Choice of: Toast and spread Weetabix, Cornflakes & Rice Crispies Fresh Fruit Milk to drink	Scotch Broth Fish Pie Water and/or milk to drink	Fruity Bread Milk to drink

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